

# The Pennypacker

The Voice of the Friends of Pennypack Park



Monthly Meeting, Thursday, August 18th  
at 7:30 PM Location: Deer Meadows Residence, 8301  
Roosevelt Blvd. (North of Solly Ave).

Vol. 29 No. 08 215-934-PARK

[www.friendsofpennypackpark.org](http://www.friendsofpennypackpark.org)

August 2016

## Milkweed – By Alan Kaminsky

Our May speaker was Steve Kanya (Owner of Steve's Bug Off and the Insectarium) who spoke to us about about Monarch butterflies and the importance of planting Milkweed. At recent FOPP events (monthly meetings and recycling) our member Mimi Magner has been selling milkweed plants that were raised at the Insectarium. There is concern about the decrease in Monarch butterfly populations. There are efforts across the country to plant Milkweed as a way to help increase the Monarch population.

Each year the Monarch Butterfly makes an amazing long distance journey down to Mexico where they overwinter before coming back. While the Milkweed butterfly will take nectar from many different flowers the caterpillar can live only on the leaves of Milkweed plants. Without Milkweed there would be no butterflies to continue the reproductive cycle which is why there have been efforts to re-establish Milkweed across the U.S.

There are different types of Milkweed, but as its name applies, Common Milkweed is widely distributed. It is an important plant not only for the Monarch, but for many

species of insects that depend on it. Monarch Butterflies, Milkweed Bugs, and Milkweed Leaf Beetles only eat milkweed, and could not survive without it. Other species of insects use milkweed as their primary food source, or as a major food source.

Common Milkweed can grow up to six feet tall. It has large, broad leaves, usually four to ten inches long. It is usually found in fields, gardens, and along roads. They get attractive pinkish-purple flowers that grow in clusters shaped like a ball which often droop. After the flowers fade and drop green pods appear which turn brown when mature.

The pods are filled with seeds attached to a fluff which acts as a sail, spreading the seeds in wind. Milkweed can spread quickly underground as well, by rhizomes. Rhizomes are roots that produce new roots. These new roots sprout new plants that can appear a few feet from the original plant. Through rhizome spreading, Common Milkweed forms a colony that can crowd out other plants.

Monarch Caterpillar



Milkweed Flower

Milkweed Seed Pods



## July Recycling – by Alan Kaminsky

We caught one of the hot summer days this month. Turnout was light, but we expected that because of the heat. We had plenty of water on hand to stay hydrated with Nance bringing a cooler full of ice cold bottles of water. We had 14 volunteers helping out: Alan K and Alan O, Andrew, Bernard, Bob, George, Joanne, Karen, Mary Jane, Mimi, Nance, Norma, Russ and Sol. Our Streets Department driver this month was Sue.

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### WHAT TO BRING

#### **When?**

Every third Saturday of each month, between 9:00 AM until noon, rain or shine. If bad weather does occur please call the park line, 215-934-PARK to check for any cancellation.

#### **Where?**

Lincoln High School, 3201 Ryan Avenue  
(parking lot on Ryan Avenue at Sackett Street)

**Aluminum Cans** - crushed or whole

**Batteries** - button type and rechargeable batteries only

**Cell Phones** - MP3, Digital Cameras, and GPS - any type

**Clothing** including towels, linens, draperies, shoes, bags, belts. Place clothing, belts/bags and shoes in separate bags.

#### **Toys :**

Hard and soft toys no bigger than a large microwave. Must be in good condition! Board games and puzzle boxes must be taped shut. Stuffed items must be clean and dry. **Crayons** - donation of \$1 per pound requested to defray shipping costs

**Scrap Metal** - aluminum, brass or copper

**Magazines And Books** - for our book table where you can browse a wide assortment of books and magazines and other items (you never know what you'll find) and take what you want for FREE (donations are appreciated)

**Packing Peanuts and Bubble Wrap** - all types **Paper/Cardboard** - all types of paper and corrugated cardboard. Printer/Toner Cartridges

#### **The NO List**

**NO** glass, steel cans, plastic, block Styrofoam packing material other than peanuts (block Styrofoam is accepted at the Sanitation Convenience Center on State Rd.). We recommend that you place a cloth or plastic sheet over the items in your trunk that you don't want us to take so that we can clearly determine what to remove

### Electronics Recycling

Disposing of electronics with your regular trash is illegal in Pennsylvania for environmental reason. You can bring most small electronics to Best Buy stores for recycling (take them to the Customer Service area), but they charge a \$25 for TVs and computer monitors. In addition, Best Buys also has bins for rechargeable batteries, wires, cords and cables as well as plastic bags. Staples stores also take electronics, but only computer related items (if they sell it they'll recycle it).

#### **TVs and computers**

You can bring them to the: **Sanitation Convenience Center** (no charge) during their business hours of 8AM – 6PM Monday through Saturday.

Located at: Ashburner & State Rd.

Hours: 8:00 AM – 6:00 PM Monday – Saturday

#### **Life Cycle Solutions Inc.**

Will take various electronics. Located at:  
**8701 Torresdale Ave STE O.**

**Phone: (215) 882-8161**

**Hours: 9:00 AM - 6:00 PM Mon.- Fri.**

**Note: Go to Pennypack street side of the building**

*Any profits from recycling are used to support the park for the purchase of trees, and to pay for park improvements and maintenance.*  
**Additional information on recycling can be found at our web site at: [www.friendsofpennypackpark.org](http://www.friendsofpennypackpark.org)**





## Please Don't Swim in Philadelphia's Rivers and Streams



### **It is dangerous.**

- Philadelphia's rivers and streams are not safe for swimming or wading.
- Swimming or wading can result in drowning, injuries from underwater objects, strong currents, and other hazards.
- Pets are exposed to the same risks as their owners, and should not swim, wade in, or drink the water.
- River water is not germ free.
- Although it may look clean, germs and pollutants are in the water.
- If swallowed, germs like *Cryptosporidium* and *Giardia* can cause serious illness in people with weakened immune systems.
- Ears, eyes, noses, and throats can also become infected.
- Weather conditions can increase the amount of pollution in the water.
- Rain can wash animal wastes, lawn and garden chemicals, household cleaners, and things that drip from cars and trucks into river water.
- Heavy rainstorms can overload sewer systems and cause sewage to flow into the rivers and streams.

### **It is against the law.**

- Swimming and bathing are not allowed outside of organized events such as races or triathlons.

## Use Only Safe, Designated Pools for Swimming



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**Public Health**  
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**For more information, contact your doctor, refer to <http://www.phila.gov/Health/>, or contact the Philadelphia Department of Public Health, Division of Disease Control at 215-685-6740**

## June Cleanup - By Nance Kerns

What a difference a year makes! Last year we got rained out of the June cleanup at Welsh & Cresco. This year the weather was gorgeous! As a result twenty-three volunteers (sixty-three volunteer hours) were able to remove thirty-seven bags of trash, two bags of cans, and a host of items whose presence does not make any sense.

Our hearty group of volunteers included: Corinne Stobbe, Dean Lynd, Robert McMunn, the Power Corps crew: Troy Kyles, Bill Erwin, Rhonesha Pack, Amir Johnson, Kalif Jones, Keenah Bonaparte, and Armand Hayes, Alan Ostrow (who came with the trash he picked up at Woodward & Winchester that morning), Joyce Ferrero & Kevin Sweetra on the gators, Roland Williams, Alan Kaminsky, Tom Henry, Tim McAndrews, Katya Rebensky and her aunt, Kathy Volack, Rich Glaser, Linda Davies, Charlie Troy, and Nance Kerns. We appreciate each and every volunteer who came out today as without your help the park would be an endless trail of trash.

Speaking of trash the list from this cleanup is long as Roland Williams found, what appears to be the content of a former apartment, littering an area of the park near Father Judge. It took a group of volunteers nearly two hours to remove these items from the park and thankfully we had the gators to take it all to the trash pile and Jim Huntsburger had a trash truck (Alleluia!) to haul it all away. This is in addition to the unending stream of trash found by volunteers along Cresco and the dirt trails, around the band shell, along Welsh Road, and along the dirt path side of the creek. Therefore the very long trash list is as follows:

### **37 bags of trash (winner of the trash estimate is Robert McMunn)**

- 2 bags of cans
- 2 toilet seats
- 1 broken toilet
- 1 - 4" x 6" American flag
- 1 green metal sieve
- 1 trash can lid
- 2 glass shelves
- 1 tripod stool
- 1 buffet
- 1 dining room table
- 1 Christmas mug
- 1 upholstered living room arm chair
- 1 pocket knife (now in a volunteer's possession)
- 1 broken purple sofa bed
- 1 piece of room size carpet
- 1 piece of blue carpet
- 1 metal serving spoon
- 1 piece of metal flashing from a stove
- 1 kettle barbecue and the box for it
- 2 bakers' rack shelves
- 1 sheet
- 1 big can of caramel popcorn
- 1 piece of lighted artificial Christmas tree
- 1 plaster trowel
- 1 chisel
- 2 fluorescent tube light bulbs
- 1 fluorescent light fixture
- 2 metal racks from a refrigerator
- 1 food processor
- 4 bed pillows
- 1 cushion from a lawn lounge chair
- 1 twin mattress
- 1 chair cushion
- 1 laundry bag in an X frame
- 1 bed frame
- 9 glass pot lids
- 1 painting tray
- 1 piece of vinyl flooring
- 1 piece of computer cable tied to a tree
- 1 pair of aviator sunglasses with blue lenses
- 1 rim to a car tire
- 1 Gary Barberra license plate
- most of a hubcap
- 2 pieces of a play hut tube
- 1 rusted horseshoe
- 1 pink inflatable pool raft
- 1 front end to a skateboard
- 1 softball
- 1 super-soaker water pistol
- 1 John Sabatina campaign sign
- 2 - 8" x 6 ft pieces of Plexiglas
- 3 empty pizza boxes
- 15 - 20 oz coffee cups
- a bunch of red solo cups
- 3 Little Ceasar's dipping cups
- 1 bottle of saki
- 1 perforated sign pole
- 1 clam shell
- 1 piece of wood 12" x 12"
- 1 cut up orange safety flag

- 1 woman's blue and white striped sleeveless blouse
- 1 metal made to look like faux inlaid wood table top
- 1 bag of groceries including: raw chicken, watermelon, and sour cream
- 1 duct taped ring approximately 2 – 3 ft in diameter
- AND... the piece de resistance courtesy of Dean Lynd – a green Froggy pop up laundry hamper! (Now cleaned and in the home of a happy toddler.)

In August we are off to Pennypack on the Delaware (approx. 7749 State Road, State Road just south of Rhawn, follow the signs for Riverview Nursing Home and Pennypack Path). As usual, we will clean the park from 10 am to 1 pm, weather permitting (check the park phone 215-934-PARK before coming out if in doubt). Remember no matter how warm it is to wear long pants and appropriate footwear (sneakers, hiking boots, or work boots). We strongly urge all volunteers to use bug spray and sunscreen. We welcome all volunteers. However, those volunteers, who are under age 18, must be accompanied by an adult.

We want to thank Frank Carberry for putting out trashcans and trash bags along Rowland Avenue from Father Judge around to Welsh Road and the dirt path to Woodenbridge Run. For over twenty years he has done all that he can to help keep Pennypack Park clean. To Frank and all those who, like Frank and today's volunteers, are using Pennypack Park and picking up trash in and around the park, we applaud and greatly appreciate your efforts. The park keeps looking better and better because of you.

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### **FOPP Boutique**

FOPP has assorted clothing displaying our logo for sale.

Short Sleeve T shirts in assorted colors for \$9 each\*

Long sleeve sweatshirts in assorted colors for \$15 each\*

Hooded, zippered sweat jacket-gray with green logo for \$24 each\*

Baseball caps for \$12 each

Soft brimmed 100% cotton hats for \$11 each

100% cotton canvas totes for \$7 each

Nature Book **"Exploring Pennypack Park"**

by Roland Williams for \$10 each

\*XXL sizes slightly more.

*To see the full list of products please visit our web site.*

### **Transition Your Newsletter From Paper to Electronic**

If you are a member and currently receive this newsletter in your home's mailbox and would like to receive an email to view the same great Pennypacker on your computer, please send an email with your request

to: [membership@friendsofpennypackpark.org](mailto:membership@friendsofpennypackpark.org).

The benefits of viewing on-line is that not only do you get to see the newsletter days earlier, we sometimes include announcements/notices that did not make it in the paper newsletter as well as send separate updates and other late breaking news by email.



## SPONSOR A TREE PROGRAM

**TREE TAG NAME:**

Name:	Phone Number:	State	Zip Code
Address:			
Number of Trees: _____	Donation Enclosed: \$_____ .00 (\$100 for each tree to benefit the Restoration Fund)		

Please make checks payable to: **Friends of Pennypack Park**

Send check and this form to:  
**Friends of Pennypack Park, P.O. Box #14302, Philadelphia, PA 19115**  
**Attn: F.O.P.P- Trees & Trails Committee**

Check here if you would like to participate in the planting of a tree: ☐ Yes, I can help! ☐ Not at this time.  
 Thank you! We will let you know the proposed planting date, including any changes due to weather conditions.

**Feel free to contact US if you have any questions or concerns: #215-934-PARK (7275)**

### HOW TO CONTACT US:

**Please Note:** ALL URL's and Email addresses will require appending them with "[@friendsofpennypackpark.org](mailto:@friendsofpennypackpark.org)"

#### Call US!

215-934-PARK (7275) – 24 hours  
 a day message center  
 Listen to our announcements  
 or leave a message

Newsletter e-notice service  
 and membership issues:  
[membership@](mailto:membership@friendsofpennypackpark.org)

Recycling issues and  
 Information at: [recycling@](mailto:recycling@friendsofpennypackpark.org)

#### Write to US

Friends of Pennypack Park,  
 P.O. Box 14302,  
 Philadelphia, PA 19115

**Reforestation Cards**  
**Applications are at:**  
[www.friendsofpennypackpark.org](http://www.friendsofpennypackpark.org)  
 Contact: Mary Ellen at  
 215-722-0184  
 or Barbara at 215-342-9331

#### Email US!

General Questions &  
 Correspondence: [info@](mailto:info@friendsofpennypackpark.org)  
 Monthly cleanups and/or  
 trash issues: [cleanup@](mailto:cleanup@friendsofpennypackpark.org)

**Have photos or information you  
 would like to post on Facebook?**  
 Submit them to us via:  
[newsletter@](mailto:newsletter@friendsofpennypackpark.org)

**Submission of articles for  
 the Pennypacker**  
[newsletter@](mailto:newsletter@friendsofpennypackpark.org)

**TWEETS from FOPP**  
[@pennypackpark](https://twitter.com/pennypackpark)

### FOPP Officers

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# EVENTS CALENDAR

## **\*\*August 2016 \*\***

Date	Time	Event	Details
Sat. Aug. 6 <sup>th</sup>	10 AM – 1PM	Restoration	Location: TBA Please call the park line a few days before to find out the location.
Thur. Aug 18 <sup>th</sup>	7:30 PM	Monthly Meeting	No speaker for August, but there will be a short nature related movie
Sat. Aug 20 <sup>th</sup>	9 AM – Noon	Recycling	Monthly recycling program at Lincoln High School - Ryan Avenue parking lot (3201 Ryan Avenue)
Sun. Aug 21 <sup>st</sup>	1 PM -3 PM	Roland's Walk	Rhawn St. at Lexington Ave. Rough path and paved path. Easy walk in tall shady woods.
Sat. Aug 27 <sup>th</sup>	10 AM – 1PM	Clean-up	Wear long pants, long sleeve shirts, & sneakers or work/hiking boots. Volunteers under 18 must be accompanied by an adult. Location: Pennypack on the Delaware(POD).

DEADLINE FOR ARTICLES FOR THE September ISSUE OF THE PENNYPACKER: **August 21<sup>st</sup> !**

## **\*\* September 2016 \*\***

Date	Time	Event	Details
Sat. Sept. 3 <sup>rd</sup>	10 AM – 1PM	Restoration	Location: TBA
Thur. Sept. 15 <sup>th</sup>	7:30 PM	Monthly Meeting	Speaker: TBA
Sat. Sept. 17 <sup>th</sup>	9 AM – Noon	Recycling	Monthly recycling program at Lincoln High School - Ryan Avenue parking lot (3201 Ryan Avenue)
Sun. Sept. 18 <sup>th</sup>	1 PM -3 PM	Roland's Walk	Upper Rhawn St. parking lot. Easy walk on paved path. Ancient oak. Whale Rock. Beach comb. History Hartel Print Works.
Sat. Sept. 24 <sup>th</sup>	10 AM – 1PM	Clean-up	Location: Little City (Rhawn St. just east of Holmehurst Ave.) upper parking lot. Wear long pants, long sleeve shirts, & sneakers or work/hiking boots. Volunteers under 18 must be accompanied by an adult.



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“Leave only footprints – Take only memories”

**P.O. Box 14302  
Philadelphia, PA 19115  
215-934-PARK**

## **NEW MEMBER APPLICATION**

You get a discount of \$5.00 / year membership if you receive your newsletter via email

Type of Membership: (email address required if selecting emailed newsletter option)					
<input type="checkbox"/>	Annual Membership	\$20/yr.	<input type="checkbox"/>	email newsletter discount	\$15/yr.
<input type="checkbox"/>	Sr. Citizen (62+) or Student	\$15/yr.	<input type="checkbox"/>	email newsletter discount	\$10/yr.
<input type="checkbox"/>	Additional Contribution		<input type="checkbox"/>	Change of Information ONLY	

Total number of persons at this household: \_\_\_\_\_

Name:	Home Phone:
Address:	Cell Phone:
City, State, Zip:	
Email Address:	

Please return this form with check payable to:

**Friends of Pennypack Park, c/o Corinne Stobbe, Treasurer, P.O. Box 14302, Philadelphia, PA 19115**

THANK YOU for your support.